



AETHER

**A STUDENT TABLOID VENTURE
VOLUME V - ISSUE III- 01 AUG. MMXIX**

Aether

...is quintessence, is the material that fills the region of the universe above the terrestrial sphere

...the pure essence that the gods breathed, filling the space where they lived, analogous to the air breathed by mortals

*...also personified as a deity, Aether, the son of Erebus and Nyx
...is related to αἴθρᾱ "to incinerate"
... intransitive "to burn, to shine"*

This is what we believe in - in order to be the best in what we do, we need to unlearn, to relearn and thus develop skills that will allow us to shine.

Aether contains the work output of the students of the Writing for the Media course. We are in our Fifth Year! But a long way before we can rest easy.



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AUTONOMOUS**



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AETHER - EDITORIAL

There's no 'app' for Happiness!

A third issue already?! Aren't they coming thick and fast! The hope always remains that students are learning while having fun. I remember during my graduation when I had to literally fight to publish our student paper. I guess I had rubbed our then Principal the wrong way, (i had harsh words for the design of our college magazine - Vidya. I called the design as inspired as a Doordarshan batmya newscast. Yeah i know, double burn.) and he called me into his cabin and handed me a dressing down - very politely, i might add. He then said that he wouldn't allow the publishing of the paper, till I gave him a written proposal. I think he thought that like all college students, I would buckle down under the pressure. Well, he had another think coming. I took ten days to come out with not only one propal, but three of them and 3 different budgets each going up to 12 pages each, with a cover page and all. I am not sure i impressed him, but i did get the go ahead, begrudgingly. I started Papyrus and had a lot of fun over the next two years, writing and designing it. I guess my point is that everything good comes after a struggle. More often than not these days many want a sort of an instant result in whatever they do. The moment one doesn't get it, we move on, to the next thing that will get us that instant gratification. I really do believe that struggling, overcoming obstacles to reach your goal, and sometimes not reaching the goal as well (because c'est la vie), is what our lives should be made of and what we need to aspire towards. So let us be like the mythical Sisyphus and roll our rock up the hill, and be happy doing that. Life isn't an everscrolling app, ar a fast fading insta, but an adventure we can't take a break from!

So enjoy and have fun through it all!

Asst. Prof. Andrew Barreto



**Hand in the keys they said...
Upon all our faces, was a look of dread.
Give up the room they said,
Our activity room, will soon be dead.**

**We will blare no trumpets we will have no
band
We will simply walk away, from what we used
to call, our land.
We will strip it clean, and make it look good,
For one last time, as we dutifully should.**

**We will take its possessions, for it left no will
The priceless art work, with years of skill.
The passing will be peaceful, we'll be silent
as a grave
No bitter tears, only sweet memories will we
save.**

**The Activity room has been a part of the
English department for a while now; however,
we have recently been slapped with an
eviction notice. It will be missed.**

AMANDA D'COSTA





CREATIVE TIME

Classes, clubs, projects, assignments, tests, traveling and so much more take up our time on a daily basis. One would look at our packed and busy schedule and call us 'productive'. However, only we know just how unproductive our schedule can make us. With college taking up so much of our time, it becomes really hard to find time for our creative work. That is why I am here to give you some tips on how to make time for your creative work.

● First and foremost, if you are a writer or an artist always carry a book and a pen (or pencil) in your bag. As an artist, you can pull out your sketchbook and sketch whenever you're free in between lectures. What you sketch is up to you, it could be something you see sitting right in front of you or it could be something out of your wild and crazy imagination.

As a writer, you can use your free time well by scribbling a poem or a story in your book.

However, if you fail to find inspiration you can turn the pages back and look at some of the ideas you noted down, you can develop these ideas further.

As a student, you might also find yourself traveling a lot and this is the perfect opportunity to observe people. With our busy schedules, we forget to look at the things around us and notice them. So whenever you get the time, you should stop plotting your busy schedule in your head or stop texting and patiently observe the people around you. After all, people are the perfect inspiration for any kind of creative work. For me



personally, I observe people to come up with stories but every kind of creative artist benefits from observing people. I hope that the last point I leave you with is immensely helpful. In college, we spend most of our time with our friends so try and find a group of friends (or even just one person) who shares the same creative talent as you do and all of you can work on the talent together. A few years ago, a friend and I would play a game every night before going to bed, we would give each other a word and we had to write a poem with that word in it. This activity was immensely fun and definitely the most productive I have been when it came to my writing since I would have an original poem at the end of every day. Similarly, you can take your friends and play such games, you can start a band or just sing for the fun of it, you can find an empty classroom and have a dance-off, you can pick an object or an idea and see who sketches it better. The possibilities, just like your creativity, are endless! Now, I shall leave you with the little advice I could provide hoping that it truly does help make more time for your creative work. If my advice does not help you, I hope this piece has inspired you enough to come up with your own ways to make time for your creative skills.



RUCHA PRABHUESAI



ALPHA 2K19!



The English Department had their Freshers Party, "Alpha", and "The Council of Heroes" was arranged to be met on 19/07/19 at 2:30 PM in the AV room. After the build-up of anticipation the first year students, were then rounded up and escorted to the actual venue, i.e. the upper auditorium by none other than Loki (Vanna DaCosta-SYBA). *cue superhero music* after the dramatic entry, we villains revealed ourselves *cue villain music*. Bwahahah.

The introductory welcome was then given by Ms Ramola D'Silva (TYBA). She then invited the HOD of the English Department, Dr Sonia Fernandes, to give a small speech. After all the formalities were put aside, along came Amanda D'Costa (SYBA) with her rap, which summarised the English department, the teachers and the perks and whims.

The students were then sorted into different groups based on numbers put under the desk. After much chaos,



JESSELYN FERNANDES

HEROES ASSEMBLE



they were settled well. Darla (Jesselyn Fernandes/me) introduced the multileveled relay. Keeping true with the theme, each level involved a task given to them by a villain, and one had to complete said task to proceed to the next round. The team that came first in each round would have a time advantage in the next. The villains were Mother Gothel (Mizia Dias-SYBA), Umbridge (Anushri Bhende-SYBA), Chucky (Zoya Rebelo-TYBA), Cruella (Rucha Prabhudesai-SYBA), Loki and Thanos (Jeff D'Cruz-

SYBA). The tasks include, braiding hair, making up a spell, planning a murder, taking a picture with a campus dog, finding the Tesseract and of course the winner had to armwrestle Thanos.

All running about later, we had our ever reminiscing 2018 flashback video. This got us Second and Third Year students all sentimental, and left the First Year Students with motivation to be in the next. During this the snacks were served along with the traditional RedBull. The Third Year Students then had a surprise dance performance, full of energy and fun.

The last for the day was the interaction, where the heroes and villains came forward, and introduced themselves, their talents and the mementoes were given. Well, because at the end of the day, we all have to live happily ever after. I think.





Alpha was without a doubt the most awaited event of the month. After the mind-blowing invite, there was much excitement among the first-year students. They all enjoyed their very first Alpha and here's what a few of them had to say...

THE SUPERHEROES SHARE THEIR EXPERIENCES!!

I had a great time!! It was quite surprising to see everyone all dressed up and in character throughout the event. The games were interesting. My favourite game was the one where the boys were asked to braid the girl's hair. The snacks were the highlight of the party, especially the cupcakes. It was a really great experience. Thank you so much for making this day so memorable

-Vrutha S. Karmali



It enjoyed Alpha to the fullest and it definitely exceeded all my expectations. I would love if there had been a few more games and if the party would have lasted a little longer.

- Sakshi Desai



Alpha was really a fun experience. Everything, right from the invite, to the theme and how the event was played out was on point. It exceeded my expectations, and everyone really enjoyed it. One of the best parts about Alpha was the villainous costumes of our seniors. I only wished we were introduced a little bit more to their characters. Other than that, there was nothing lacking for Alpha 2019. It will most definitely be difficult to beat our seniors next year.

- Ryle Souto





This was my first Fresher's Party and it was amazing!!! We were so engrossed in activities and fun moments, that there wasn't even a moment when we felt bored or felt like pulling out our phones and clicking a couple of pictures. We did hear a lot about the English Department being best known for its unique and fun events organised each year. I can proudly say that this party exceeded our expectations and it truly was one of a kind. Thank you so much for this wonderful experience and giving us something mind-blowing to remember, other than the memento. I only wished that the event would go on for a longer while, cause let's face it, who wouldn't want to stay a little while longer and enjoy a party such as this one?
- Jyoti Pandey

MARIA LIZA VAZ



It was certainly different. Long awaited, but absolutely worth the wait. The games were very interesting and unique. My only critique, or rather a suggestion, is with regard to the prize, instead of giving out the little 'Mars' chocolates as the prize, they could've given out a Galaxy chocolate bar instead and called the winners as the 'Guardians of the Galaxy' or something like that. But overall, I really enjoyed the event and it was a great experience.
- Vinika Vish



It was the best Fresher's Party I've ever been a part of. It did exceed all my expectations, and it was perfect just the way it was.
- Nayden Da Silva

Overall, most of the first-year students had an incredible time. They loved the theme and the way the entire event was planned out. The second and third year students clearly set the bar this year with their amazing Fresher's Party. This one's going to be a tough one to beat next year.



Real Lives or Reel?

In today's time, bringing people's lives and historical events out in the form of movies has become a trend that has fast caught on. A biographical film, or biopic for short, is a film that tells the story of the life of a non-fictional or historical person. Biopics use the central character(s) to show an important discovery, period in history, or dramatically relevant period within their lives to tell a contemporary lesson. In the past few years, the number of biopics coming up in both Bollywood and Hollywood has increased exponentially. But what purpose do these movies serve? The students of Parvatibai Chowgule College of Arts and Science Autonomous were asked to give their opinions on whether these biopics are an effective way of communicating history and inspiring people today, or are they just another way filmmakers use to rake in money.

Nakul Divekar, an SYBSc student from the Department of Biochemistry, believes that some of these biopics can be effective in communicating history but only if they're made by good and sensible filmmakers. He believes that some of the Indian filmmakers just turn it into cheap entertainment, and the way they make it is quite farcical.

"There is a difference between creative licence and embellishment. So there should be a limit to how much you dramatize facts."



Nakul Divekar



Sharvani Chandvale

Sharvani Chandvale, a TYBA student of the Department of Psychology and the Department of French feels that such movies are a lot of fabrication, and the filmmakers usually add a lot of fake stuff.

"It's mostly like 75% unwanted dramatization and 25% history, and we don't know if even that is true."

Atharva Thorat, an SYBSc student of the Department of Biotechnology believes that such movies need to be made on the people who actually deserve it and have really done something worthwhile in their lives. He added that most biopics are made on people who have been caught up in some controversy at some point of time, and the movie just serves to clean up their image. It portrays the character in a state of moral high ground and tries to justify all the actions of their past.

"In India, I definitely feel it's another way of raking in money, and to serve their hidden purpose of propaganda, veiled behind the little line that says 'based on a true story.'"

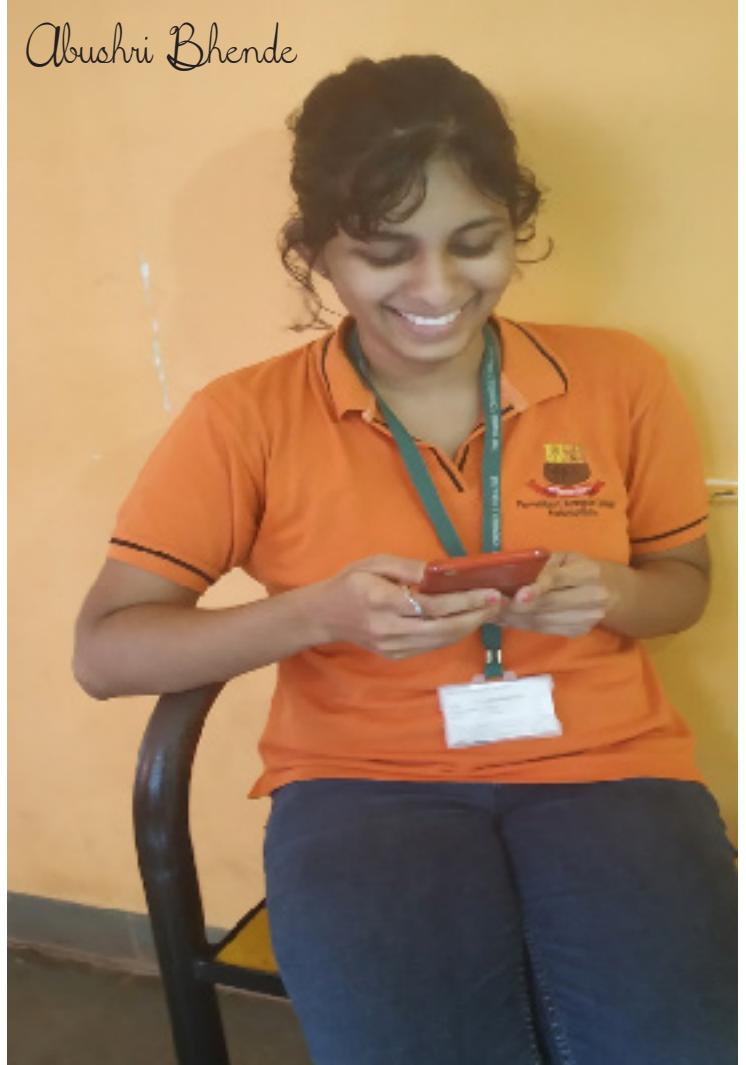
Anushri Bhende, an SYBA student of the Department of English and the Department of Psychology is of the opinion that, such movies can be effective if they follow the true story with minimal dramatization. Also, the source that the filmmakers use to make these movies



Atharva Thorat



Abushri Bhende



needs to be reliable.

“When it comes to historical events and people especially, the true story needs to be kept intact as it can give a false image of it to the present generation who weren’t around back then.”

Nathan Colaco, an SYBA student of the Department of Psychology and the Department of History, strongly feels that these biopics defeat the purpose of communicating history most of the times, and leave the people with wrong or misleading opinions.

“People should stop making such biopics and make historical documentaries instead with genuine facts.”

Nathan Colaco



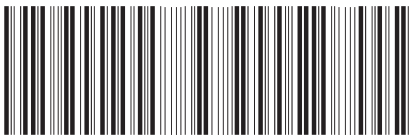
Amanda D’Costa a SYBA student of the Department of English and the Department of Portuguese, has a different opinion and believes that biopics do inspire people and is a far better communication of history than teaching it from a textbook at school. She also thinks that it is an easier way of making money for the filmmakers as well, as they already have a story ready, and just need to work around it.

“It might not be an actual piece of history, but it does serve the purpose of making people aware and inspiring them.”

Thus, most people believe that the biopics these days aren’t being handled properly and are defeating the purpose they claim to be serving. They are just turning out to be a biased and over dramatized version of history. Thus, we can hope that this medium is utilised properly in the future so that the people get a true story effectively put forth.

RAMYA WARRIER





FULL OF SURPRISES: english tyger's club (etc.)

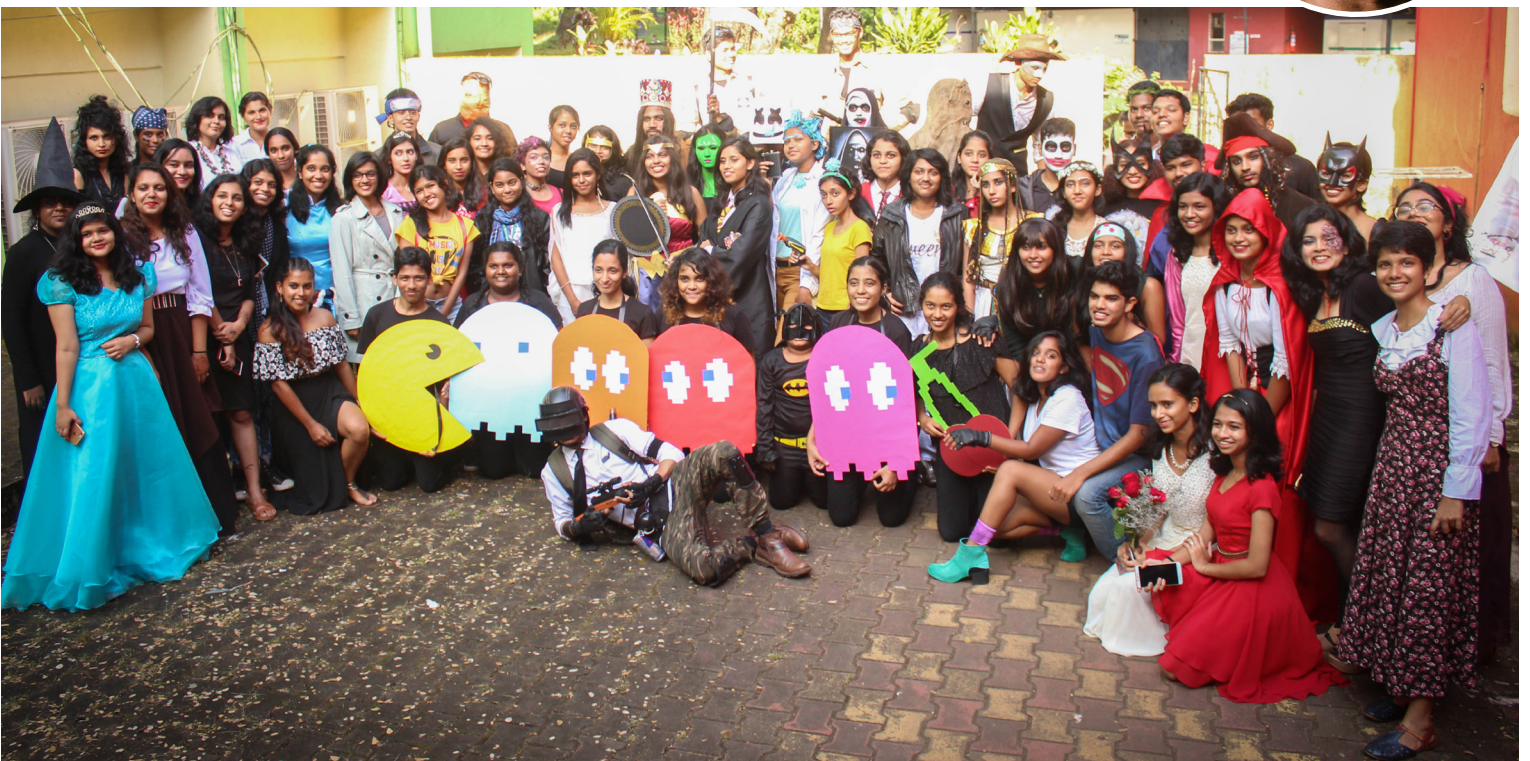


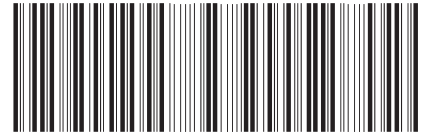
They're awesome, they're cool, they're second to none, always full of ideas and brimming with fun! Who are these people? That's right folks! They are none other than the english tyger's club (or the etc. in short). The idea of this club came to Asst. Prof. Andrew Barreto, Dept. of English through something called Club Myndspace back in the year 2010. The club as we know it today was founded in 2018 with the aim of creating a banner under which all the department activities could be put under in a year. This was done so that students could get their hours and complete their Non-Evaluative Credits (NEC's). Despite the club being its nascent stage, the events it hoists such as The Bard by the Mandovi- The Shakespeare's Festival and Pegasus celebrate its 10th and 13th year this year respectively. This year the club will also

add Community development and another short certificate course to the list of activities it conducts. The etc also has the distinction of conducting the most activities in college. These include Alpha (the fresher's party), Omega (the year-end programme), The Bard by the Mandovi- Shakespeare's Festival, Pegasus, Cosfest Goa, Bonding Camp, Literati!, Cre8iv Writing Workshop, Creative Writing Certificate Course, Alumni Connect, Talking Tree Series, eng.age Conference/Seminar. In addition to all these activities, the etc is also an umbrella club as it has two more clubs running under it- Club Carpe Diem (poets and writers club) and Zeitgeist- The Movie Club. The club is open to both students from the department and students from other departments. For students from the department a day is set aside wherein they can come in and join the etc while non-departmental students can join through the club system which the college follows, the best way to do so according to Sir Andrew Barreto is to meet Fiona, the departmental secretary and put one's name down on the list.



NATHAN COLACO





Emotionally stirring, richly drawn and beautifully animated, *The Lion King* stands tall within Disney's pantheon of classic films. This was the review given by Rotten Tomatoes for the 1994 version of the movie.

As a child, I was very fond of the trilogy. It was then one of my all-time favourite musical narratives. Its expressive stylistics and eloquent melodies constantly radiates a hip-hoppy exuberance. Did the remake live up to the hype created around the earlier saga? I don't think so. Sure, it brought back fond memories, and watching it with friends made the experience fun. As a first-time viewer, would you have enjoyed it? Nah, you wouldn't have the love for it that we ol' timers do. It lacked depth and emotions, the voices didn't have an empathetic impact – and the songs? Pah! *The Circle of Life* in the movie barely seemed like a radius, not a full circle. And, one most certainly did not *Feel the Love Tonight* in broad daylight. The puns in the movie were cut down to a minimal too.

Of course, it did have the ever loquacious Timon and the effervescent Pumba. Was Pumba that

effervescent? It did not have the bubbling pond! The remake was less colourful; it was more realistic. The relationship between the hyenas and the lions was depicted more clearly, and the animalistic features were more real.

For any person out there who's pro-feminist, you would have loved the movie. Nala was given more screen time – the final battle scene seemed to give her equal screen time as Simba (although the movie revolves around Simba, and how Simba is supposed to fight for his rightful place), and there's a scene where she calls the lionesses to take a stance.

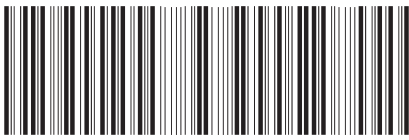
I asked a couple of students in college, and the majority of them were of the same opinion. The movie lacked emotion, the songs were short, and the voices weren't that impressive. One of them even said, 'Nala wasn't as pretty as the animated version!'

So, if you missed it, don't fret. The animated version is already out there. Ultimately, it is your call. And, as I leave you to decide which one you prefer, I do hope the tune of the following song resounds in your thoughts:

Hakuna matata
What a wonderful phrase!
Hakuna matata
Ain't no passing craze.
It means no worries,
For the rest of your days.
It's our problem free,
Philosophy,
Hakuna matata.



RACHEL DIAS



OVERWHELMED

UNDER PRESSURE!

Oh yes! There is a lot of continuous assessment {C.A} in college and if it's not done before the due day and time then the students face some trouble which can make the students dance on the tune of the teacher i.e. the backlogs. The college has made multiple ways where the student of now a day's world can achieve something; with just a click on a few icons, their work done can get done

Some times when things are made easy we tend to make it hard for us to achieve it. The overburden or pressure of studies for a student might have some ill effects on the brain. It some take advantage and don't go to college which leads to less attendance leading to losing of marks for the final total of that particular subject. Sometimes most of the work are due on one day which is not possible for some. These students are slow learners with regards to the digital world of internet and phones. When these students can't handle such situations they just ignore the work and tend to lose marks. with the continue assessments on our way, we might have some bitter days with the CA's; three or even four CA's on one day makes some students feel tragic and leading to not showing up for it and classes.

But through these struggles, we can learn to stand on our own feet instead of being lazy and being dependent on our parents for goodies. Once each one of us achieve a job, we are indeed expected to be punctual on time anywhere or everywhere we have been appointed at that specific point of time. Time is something which is very precious for each one of us and we must use it wisely and careful without waiting it.

Unfortunately, some lazy bums which get along in college with the best of best and who sit with their phones the whole day, can't just do a small thing of browsing through the net and get the work done within a few minutes. Though, its involves with a little plagiarising but still through the net the concept of reading would take place and the dummies at college might get some extra information. And if you go systematically with time everything will follow you on time and the pressure should reduce and make life easier.

MARIA ADALIN COLACO



HURRY! THE CLOCK IS TICKING

Students become overwhelmed by the stacks of books that need to be read and examination that pile up at the same time. There are numerous commitments to sports teams, internships, clubs and other activities. The burden of multiple obligations can be invincible and students experience more anxiety and stress than ever before. In addition to that, there are a number of CA's that are to be completed and it becomes hectic to submit them on time.

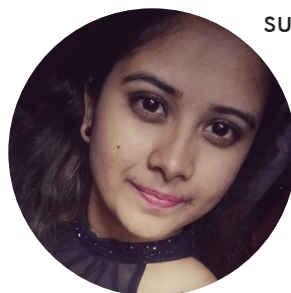
Many a times the CA's of various courses clash. It becomes too much work in too little time. In the pressure of presenting it in an unique manner, the students are left with insufficient sleep and becomes inactivity. It could be beneficial to have a limited numbers of CA's evenly spread during the semester. And since the topics are mostly out of the syllabus, there is a lot to research about in very less duration of time.

Providing the due dates earlier would be favourable as it would allow students to practice managing their own workload. Students need time to evaluate material and discuss it with peers the problems they are been asked to solve and this is what delays the submission. 'Mini deadlines' can be implemented where-in larger assignments are broken down into smaller

chunks so that students can complete them on time. This can be useful in submitting assignments before the due date and feel less overwhelmed. There are also network issues that come into the way at the time of handing-in the CA's. Even if it is ready for submission, there may be no proper internet connection available. One must not wait for the last moment to submit the CA's if it is ready.

Unfortunately, we are often tasked with work that do not interest us or meaningful work simply piles up into enormous load of work. When we neglect to complete work in a timely manner, we suffer. Last minute work gets into cheating, plagiarism or even bunking classes. By working on the continuous assessments prior to the due date, one can reduce several of the hurdles faced during submissions.

ASHWINI SEQUEIRA



STUDENT STATUS: IN RELATIONSHIP WITH GOOGLE CLASSROOM

Unlike other colleges in Goa Chowgule college has a different study system. It has a different evaluation method of the student's work. The college faculty makes extensive use of Google Classroom for uploading notes and study material, accessing student's class work and putting up classroom activities. As a student my major task is to keep myself updated in order to not to miss any of the google classroom activities.

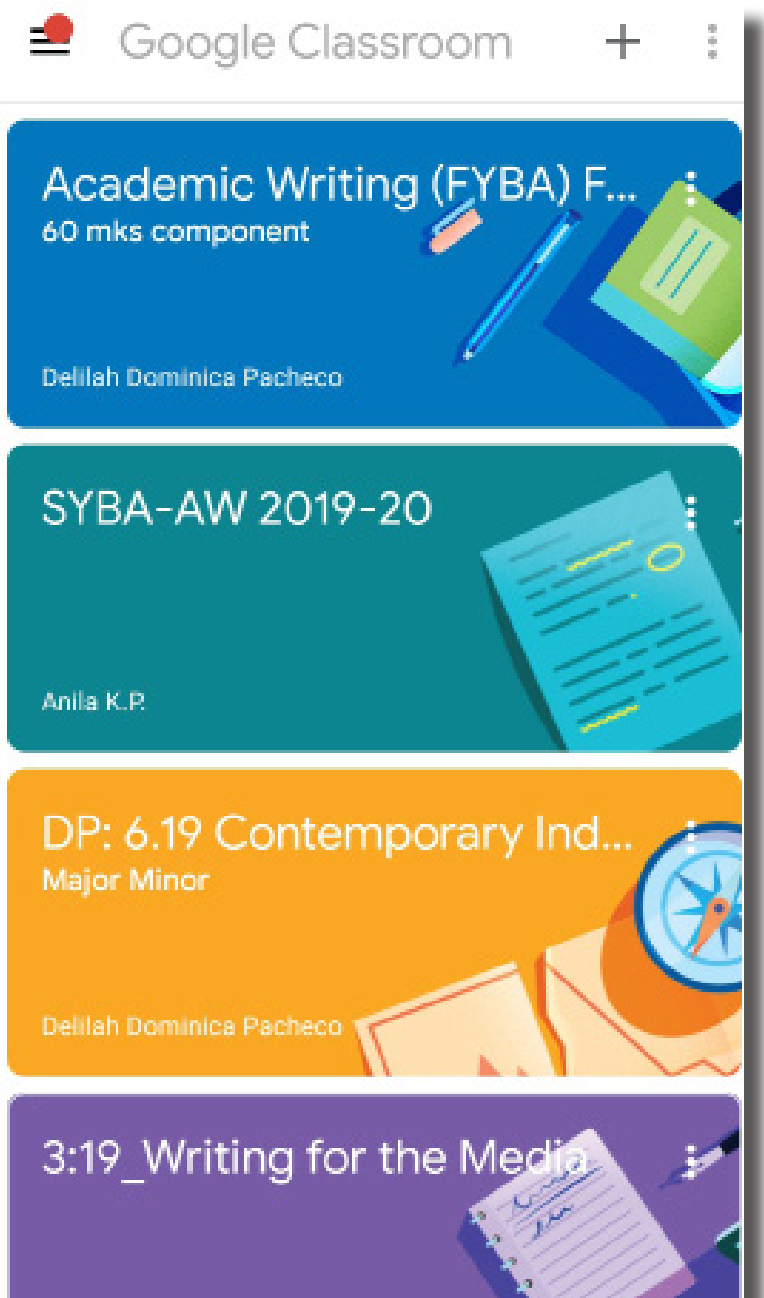
Many a times there are multiple submissions on the same due date. With so many activities happening in the college, the students have to undergo a lot of stress in order to submit their work on time. Most of the students end up uploading their work right before the due time which is 12am at night. But frankly telling the satisfaction you get after submitting the google classroom work just a few minutes before the deadline of 12 am is worth experiencing. It's the same level of happiness and satisfaction what Cinderella might have experienced when she left the ball dance right in time before the fairy godmother's magic disappeared, as palace clock struck 12am in it.

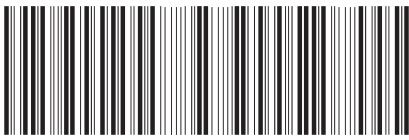
In order to have smooth and efficient functioning of the google classroom you need to have a good network and sufficient data net pack. For students who live in remote areas, it at times becomes difficult to access the google classroom material because of the bad network or range problem. There are also times when all day long you work hard completing the required work file but your work does not get submitted due to the restricted MB of your attachment or file. Since we never had Google classroom or any such e-platform for learning, we still do not know much about google classroom and how to tackle problems associate to it. From the perspective of the faculty and the students, Google classroom is an excellent platform for sharing study material in the form

of pdf, ppts, videos and documentaries. It is a good thing that we are becoming more technologically advanced as compared to the students of other colleges but sometimes it seems that you are caught up in a never-ending whirlpool of deadlines. You almost feel as though you are drowning in the sea of google classroom submissions. According to me there should be an equal division of the actual classroom work and that of the Google classroom. This will balance the work which is required to be done by the students. In this way the students will enjoy learning and they won't feel burdened about the work which needs to be completed.



RUKMA KANOLKAR





A WALKER'S PARADISE!

Irasshaimase! - That is, welcome. The Japanese, Torii gate welcomes you into a not-so-Japanese expanse. The campus of Chowgule College is very much Indian. Though from walking the first few meters, you wouldn't realize it but as you continue, you'll find that walking through the campus is not as easy as it might look. It's not only Jack and Jill who climb up a hill - the students, teachers, staff and visitors climb up the college hill everyday. While Jack and Jill do it to fetch water, the ones who walk through the college do it to fetch knowledge, money and ironically enough, exercise. Yes, the gym in the college attracts a lot of people. But if you're not concerned with shaping your body or the likes, then your running shoes, time and little bit of determination are all you need to keep yourself fit! Twenty minutes of brisk walking or jogging through the campus are excellent ways of doing cardio. The road has the incline that you want on your treadmill and it's free! If you walk past the gym, you can hear music booming through its walls, which is really convenient. What makes it better is that the campus is surrounded with trees, so the sun is not going to be a problem. Those in the city could just make a visit to the college in the mornings for some exercise. The pleasant breeze which often blows will definitely help you with this. The campus is high on aesthetic appeal. However, one thing you must always be mindful of: Dogs. They are friendly and harmless but hey, you don't want them coming in your way. So, beware and jog away!



K. RUCHIRA

FOOD MATTERS.

Do you feel guilty when you see a picture of a child starving on the internet? Do you feel pity and feel like giving them something to eat? Do you feel guilty when you throw away some of your leftovers in the canteen? Do you remember that hungry kid now?

We Goan's are were lucky. We do not face extreme food shortages like some other states. We have the highest per capita income in India hence we do not understand it properly. Till today some people are sleeping on an empty stomach.

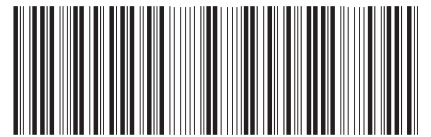
Do you feel angry when you see people waste food? Do you feel angry when you see them empty all that edible content dumped away? Do you feel angry when you see all that food go to waste? We don't realise that this little food we waste turns out to be a lot of waste in the end.

According to Mr Pritesh who is the cashier for the Empire caterers, who run our canteen says, that the wet waste that is collected is about 4-5 kgs daily, which includes of rice, vegetable and curry. The average food required by a person is approximately 800 grams. Thence the average 5kg food could fill the stomachs of about 6 hungry persons.

All we got to do is be aware. All we got to do is to think better. Mr Pritesh requests us to please ask for food that would suffice yourself and not exploit it. He says that this same food can be used to feed the hungry and can be donated to the foodbanks for hungry people, rather than being sent to the biogas plants. In the end "food matters"



RAY GOMES



RISE OF VEGAN OPTIONS IN COLLEGE



Veganism is a lifestyle in which people refrain from consuming anything that comes from animals. Over the recent years the world has seen a rise in veganism as people become more conscious about the environment, animal cruelty and their health. Our college itself has seen a small change in this regard, although a few of the vegetarian options in our canteen also pass off as vegan, not many options are available for those who follow this lifestyle, at least not without compromising taste. But in the past month a new food stall has come up which provides quite a few vegan options without sacrificing taste. Café Lovii run by Vasant Hede is a new opportunity for those who wish to try out vegan options and a breath of fresh air for those who follow the vegan lifestyle.

In an interview with Mr.Vasant I asked him about his views on veganism, he said in general he feels that people are more conscious about what they eat now more than ever before, and that there is a rise in veganism in the recent years and the exposure that the movement has gotten through social media is encouraging more people to go vegan or in the least learn about it. He himself has cut down on his meat intake and is making more conscious decisions. From a business point of view he understands that the demand for meat especially chicken is still very high in our college and if he wants to continue doing business in college he has to cater to the demand. His statement "A shift is on its way and I feel things will change" is a very direct way of expressing his views on veganism.

The second question I had for him was what inspired him to start selling vegan options. He told me that the session on veganism that was held in our college somewhere last year really opened his eyes as to

why this movement matters. They showed a lot of stats and explained how it's up to us to make that choice and make a change. Mr. Vasant also told me that the fact that his wife is transitioning into veganism is one of his inspirations. Since they were going to start a café in college he realized that there are students who also follow the vegan lifestyle and he wanted to provide them with more options. He does realize that the options they provide are still limited, but it's a step in the right direction.

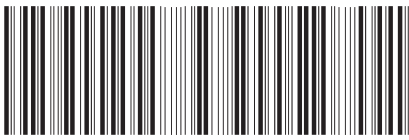
When asked about the sale and demand of vegan options he answered in a slightly dejected tone, saying that they don't sell as well as the meat options and that chicken is always the preferred option. The veg pasta is pretty popular but other than that there is a low demand .

When asked about his plans for the future and if he is interested in increasing vegan options he claimed that his only vice is that there are very few students who opt for the vegan options, and since he has to cater to the demand of the majority he still has to continue selling meat options. However if there was a higher demand for vegan foods he would gladly increase vegan options in his café.

Although this is a small change it is still bringing about awareness to the topic of veganism and providing others with the opportunity of trying out something new. As someone who follows a vegan lifestyle I really do appreciate the efforts that Mr. Vasant is making in trying to provide vegan options in our college.

VANNA DA COSTA





LET'S FOOTBALL!!!



Football is such an important part of our lives as Goans. Nothing can compare to an evening spent in sweating it out on a football field amongst fellow footballers. If you're an ardent lover of the game, you're in luck. Parvatibai Chowgule college has a club for the sport, named the Tigers Football Club (TFC) which includes the college team for men as well as women.

Nayshirl Alvares from the Department of English and Sociology is a Midfielder (Left Wing) in the women's football team. She joined the club in her first year for sheer love of the sport. She also needed a means of collecting hours, and this seemed an excellent way of getting them. She plans on continuing her membership of the club.

She believes that playing football for the college doesn't affect her studies, contrary to most beliefs, but instead it acts as a stress reliever. When asked if she was happy with the facilities she replied in the negative and stated that there was lack of equipment and the ground wasn't vacant most of the times as the men's team also practiced on the same ground. She believes that this year, the players in the team need to cooperate better than last time, be responsible and punctual.

Keagan Alvares, also belonging to the Department of English and Sociology is the goalkeeper of the men's football team. He used to play for Grassroot Development F.C. Goa and Salcete Football Club earlier and this led to him joining the club. According to him, their practices have already begun and the boys are so

diligent that even when the coach doesn't come for practice, they train themselves and practice hard. Keagan agrees that playing football didn't affect his studies last year, but he also stated that it affected his first lecture in the morning as he wouldn't reach on time after practice. He firmly believes that the facilities are good and says that as long as they have a good ground such as the one in college, you don't really need anything else. His personal goal for this football season is to develop his skills whereas the team's goal is to bag the first place in the University football tournament this year.

So a big shout out to all of you football lovers! If any of you are interested in joining the Tigers Football Club, even if you're a newcomer, now is the time. For more details you can check out our instagram page or contact the former members of the club.

SRUSHTI PRABHUDESAI





THE DYNAMIC DUO STRIKES AGAIN

The Dynamic Duo comprising of Saachi Gramopadhye and Kiran Narvekar excelled at the university tournament in the sport of swimming. The tournament was held in the Sports Authority of Goa swimming pool in Ponda on the 20th of July. Saachi won two gold in 100m freestyle and 50m backstroke while Kiran won two silver in 100m freestyle and 50m freestyle. With the same performance the duo became Inter-Collegiate Swimming Champions last year. But this year the story did not have a happy ending. With their performance of winning

two gold and two silver they gathered 16 points. Unfortunately for them the Dhempo College won three gold medals which gathered them 15 points. Thus, winning the Swimming Championship on the number of gold medals won. A formal protest was made by Dr. Bagchi the manager of the college swimming team but the match officials were firm on their decision. Asking Saachi about her narrow loss in Championship she said "If you fail, never give up, someday you'll be successful and become a champion".



JEFF D'CRUZ



EDITOR

Asst. Prof
Andrew Barreto

REPORTERS

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Ms. Stacy Dias
Ms. Vanna Da Costa

Faculty-in-charge & Design

Asst. Prof. Andrew Barreto

email us
asb002@chowgules.ac.in

published at
Dept. of English
Parvatibai Chowgule College
of Arts and Science
Autonomous

estb. 2015

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